**Healthy Ageing: From Ideas to Influence – Making your Experience Count 6 May 10:15-12:30**

**Agenda**

10:15 – 10:20 Welcome and Event opens – Liz Jones (GMOPN)

10:20-10:30 Introduction to zoom - Elizabeth Lynskey (GMOPN) and Joanna Ferguson (University of Manchester)

10:30 -10:45 Introduction to the event and GMOPN - Liz Jones (GMOPN) and Elaine Unegbu (GMOPN)

10:45-11:15 Barriers to research – Break out rooms Introduced by Alison Littlewood (University of Manchester)

11:15-11:35 Why do research? Introducing Healthy Ageing Research at the University of Manchester - Chris Todd (University of Manchester)

11:35-11:45 BREAK

11:45-11:55 Working together, Making a difference – The story of the Keeping Well Campaign - Jane McDermott

(University of Manchester) and Gillian Stainthorpe

(GMOPN)

11:55 -12:05 How to participate - Judie Collins (GMOPN) and Aneela McAvoy (Health Innovation Manchester)

12:05-12:25 Your views on research – break out rooms (Introduced by Jane McDermott) (Break out rooms)

12:25-12:30 Summing up and what next – Jane McDermott

12:30 Thank you and event close (Liz Jones and Elaine Unegbu)

12:35-1:00 Opportunity to share ideas, feedback and ask questions